

# Initial Assessment Preparation Checklist



## 1. Check your insurance coverage

Any family is welcome to pay for our treatment services out of pocket. However, it is beneficial if you can receive some financial coverage where possible! If your family has extended health insurance, it is likely that a portion of treatment will be covered by your plan. We strongly suggest contacting your insurance provider to check your coverage for a CRANIAL REMODELLING ORTHOSIS before you come in to see us at the clinic. The CRO device is typically found under 'Custom-made brace' in the 'Medical Brace' coverage category. You must also make sure your baby is on your plan BEFORE you purchase your ROKband, so that your claim will be accepted.

## 2. Obtain a prescription from a physician

If you plan to submit a claim to your extended health insurance for our treatment program, your provider will require a prescription for the device from a practicing doctor\*. This note can come from your family doctor, Pediatrician, or from a GP at a walk-in clinic. The note must include your child's name, date of birth, and state the need for a Cranial Remodelling Orthosis to treat their head shape. If you or your doctor don't feel comfortable taking this step ahead of time, we are happy to send them a detailed report from your baby's assessment that notes their measurements and our recommendations. In some cases, doctors want to see this information before they will provide the prescription. If this is the case with your doctor, it is best to schedule an appointment at their clinic the day following your initial assessment, so that you can review our report together and decide how to proceed.

## 3. Review PharmaCare guide (If in British Columbia)

BC families have the option to pursue treatment through PharmaCare BC, a public medical plan. This plan provides coverage on a sliding scale based on family income. Please note that in order to qualify for coverage, your baby needs to meet age and severity criteria. Families with Pacific Blue Cross insurance must also first apply for PharmaCare coverage before submitting a private claim. In order to make sure you are fully prepared, we strongly encourage all BC families to review the PharmaCare guide (found attached to your Intake Form email, or on our 'Resources' page on our website). Preparing your PharmaCare knowledge now can save you weeks of treatment delay later on!

## 4. Speak to your family / loved ones about your baby's potential treatment

If you decide to move forward with treatment, it is important for everyone involved in your baby's care to be educated about our treatment program. It is a good idea to review information about our clinic with those close to you, so they are well informed and can prepare to support you and your baby throughout the program. They may also have questions of their own! We are happy to discuss questions with you either in your assessment, or beforehand. Our contact information is listed below if you'd like to reach out.

*\*Some providers may accept prescriptions/referrals from a Nurse Practitioner (NP), a Physiotherapist, or a Chiropractor. It is the family's responsibility to confirm their provider's specific requirements beforehand. Please note that PharmaCare will ONLY accept doctor's prescriptions.*

[ROKbandClinics.ca](http://ROKbandClinics.ca) | [hello@ROKbandClinics.ca](mailto:hello@ROKbandClinics.ca)

p: 1.844.944.3237 | f: 1.604.608.3991